

PARENTAL CONSENT FORM

Notes for Parents & Guardians

All participants under the age of 18 must have a signed Sotonia CC parental consent form. The only exemption is where a young person having reached the age of 16 can prove that they are no longer living with their parents or guardian and are living as an independent adult. This needs to be proven by the supply of evidence such as a rent book or utility bill with the person's current address in their name or a National Students Union membership card.

The minimum age for unaccompanied children on clubruns or at the club room is 16. There is no lower age limit if accompanied by a responsible adult acting *in loco parentis*, but a signed parental consent form is still needed. Children aged 16 to 18 may participate unaccompanied if they have parental permission and the parental consent form is signed.

Parents or guardians must be aware:

- of the demands of Club Runs and that they alone make the decision about the ability of their child to complete the ride.
- that the child may cycle or be in the company of other adults and/or with children, but that there is also a likelihood of the child cycling or being on their own.
- that while Sotonia CC extends a welcome to cyclists of all ages and abilities, no special provision for children is provided on the clubrun or at the club room.
- Arrangements to get to and from the ride and club room are the sole responsibility of the parent or guardian.
- Clubrun riders and attendees at the clubroom must carry identification, emergency contact details and details of any medical or health conditions together with information about any medication that they are taking.
- Sotonia CC, its members, agents and other participants may take photographs during the rides or at the clubroom, mostly for private use but some may be for local or national publicity purposes. It may be difficult to ensure that photographs in which your child appears will not be used in any way. If you have concerns about this please speak to the leader/organiser.

I consent for the child named opposite to participate in Sotonia CC clubruns and clubroom activities. I have read and understood the Notes above.

Signature of parent or guardian:

Name (in BLOCK CAPITALS):

CLUBRUNS AND CLUBROOM ACTIVITIES 2019

Details of participant: (Please use BLOCK CAPITALS)

First name: Surname:

Address:

..... Postcode:

Tel No: Email:

CTC, BC Gold Race, Silver Race, or Ride membership number (if applicable)

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Date of birth if under 18:

(Parental Consent opposite must be signed if under 18)

Emergency contact details:

Name: Telephone:

Relationship to rider:

Please give details of any medical or health conditions that might affect your participation in cycling, and any medication that you are taking.

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